

# Vloga zdravnika družinske medicine pri oskrbi starostnika

## The role of a family medicine practitioner in the care of the elderly

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### Izvleček

V skrb za starajočo se populacijo je vključenih več družbenih sfer, pri čemer ima zdravnik družinske medicine pomembno vlogo. Zdravnik družinske medicine obravnava svoje bolnike v skladu s svojimi pristojnostmi po evropski opredelitvi. Obvladuje problematiko odprtega dostopa, rešuje vse vrste težav in pri tem racionalno porablja sredstva. V osebo usmerjena oskrba zagotavlja stabilen in dolgotrajen odnos.

Zdravnik družinske medicine pristopa celostno in upošteva preventivni vidik. V partnerskem odnosu z bolnikom spoštuje njegova etična načela in vedenje, ki izvira iz kulture njegovega bivalnega okolja. Oskrba starostnika je kakovostnejša, če si zdravnik uspe najti podporo v njegovi družini ali znotraj drugih organizacij na lokalni ravni.

### Abstract

The system of care for the elderly population includes several social spheres; the role of a family medicine practitioner in this system is very important. A family medicine practitioner treats his/her patients in accordance with his/her EU-designated competencies. He/she manages the problems regarding free accessibility, solves all kinds of troubles, and uses the resources rationally in the process. Personalised care ensures a stable and long-term relationship.

A family medicine practitioner's approach is integrative and preventive. In the doctor-patient relationship, he/she respects patients' ethical principles and behaviours that originate from their cultural background and living environment. Provision of care to the elderly is more efficient if the doctor manages to obtain support from the patients' families or other organisations on the local level.

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