

Razvoj psihogeriatrije v Srbiji

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Izvlaček

Staranje je pojav, ki je ob porastu absolutnega in relativnega števila starih, označil to stoletje. Zaradi staranja populacije in visoke prevalence duševnih bolezni v tej populaciji je skrb zanjo postala velik izziv. Demografska ocena je, da v Srbiji živi 1 698 730 ljudi, starejših od 60 let, kar postavlja Srbijo na deseto mesto v svetu. Januarja 2003 je bila ustanovljena komisija za duševno zdravje ministrstva Srbije, ki je v nacionalni strategiji duševnega zdravja važen del posvetila tudi starejšim. Prav tako je Gerontološko društvo Srbije leta 2004 ustanovilo komisijo za psihogeriatrijo. Glavni smeri v razvoju psihogeriatrije sta izobraževanje ustreznih kadrov tako na dodiplomskem kot podiplomskem nivoju ter razvijanje ustreznih sistemov pomoči, kot je zdravljenje na domu. Prav zdravljenje v skupnosti je tisto, ki se kljub hudemu pomanjkanju ustreznih kadrov vklaplja v svetovno strategijo razvoja in trend deinstitutionalizacije.

Abstract

The population of elderly has increased both in absolute and relative numbers, what has marked this century. The care for the elderly has become a challenge due to population ageing and high prevalence of mental disorders in the elderly. There are 1 698 730 people older than 60 years in Serbia. This demographic figure puts Serbia at the 10th place in the world. Serbian Ministry for health has in 2003 established a Commission for mental health which has devoted a significant part of the National strategy for mental health to the elderly. Gerontologic Society of Serbia has also established a Commission for psychogeriatrics in 2004. There are two main courses of development in psychogeriatrics in Serbia: education of experts at under and post graduate level and development of systems of care, e.g. treatment at home. Community care fits well in the world developmental strategies and trends of deinstitutionalisation in spite of severe lack of experts.

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